

**Clown Retreat with Mick Barnfather in Kerry, Ireland 2<sup>nd</sup> - 6<sup>th</sup> of June 2014**



# Mick Barnfather Workshop

**1 week Clown Retreat in Kerry, Ireland, June 2<sup>nd</sup>-6<sup>th</sup>**

**3-5 bed ensuite Dorms,  
Camping & Campervans,  
Vegetarian Food & the Seaside!**

**Join us for an adventure  
with Mick and Mr Flop!**

Thank you for enquiring about the 5-day Clown workshop with Mick Barnfather in Kerry.

## **A few words about Clown from Mick**

In this workshop I will be looking at what it is that makes us laugh and how we can be funny. It is not about big shoes, make up and squirty flowers. I will concentrate mainly on the clown and the pleasure to be ridiculous in the space. The clown moves from one flop to the next always happy and optimistic to be playing before an audience. There are many confusions and disasters in a clown show but there are never any doubts. The clown is joyful, playful, mischievous and full of fantasy. Nothing in this workshop is related to a style but very much looking to find what is uniquely funny about each person and how they can make that accessible to an audience.

Workshops will aim to be energetic and very playful. Participants will be encouraged to have fun and pleasure and use this as a starting point. In my opinion when people have fun and play instinctively it is then that they start to play the fool, tell stories, joke and discover their creativity.

## **About Mick Barnfather**

Mick Barnfather has been directing award winning shows for many years and taught Clown and Physicality at *RADA*, Clown at the *Central School of Speech and Drama*, Devising Theatre at both *Rose Bruford Drama School* and the *Manchester Metropolitan University*. Mick has also taught Bouffon, Clown and Neutral Mask at *École Philippe Gaulier* and been an Actor in 6 *Complicite* productions.

## **About Kiltean**

We will be gathering at Kiltean, a fantastic old farm with country style rooms and vegetarian food.

The rooms are for 3-5 sharing with en-suite showers and toilets. The food will be cooked on site combining Vegetarian, Gluten-free, Low fat and Macrobiotic recipes.

Kiltean, Lisselton, Listowel, (North) Kerry, Ireland

All the details about how to get to Kiltean are also on this [web page](#)... or on google [maps](#)

More information about Kiltean is available at [www.writeonholidays.com](http://www.writeonholidays.com)

Kiltean is 10 minutes from Ballybunion Beach and Town and 10 minutes from Listowel Town.

There are many pubs, restaurants, shops and activities including Surfing, Horse Riding, Trekking, walks and Historical Tours.

## **How the week will work**

The retreat will begin with an evening meal on Sunday 1<sup>st</sup> June.

Each day we will be exploring the techniques of Clowning. During the evenings we will eat together, take part in shared activities or you are very welcome to discover more of Kerry in the evenings too. Weather permitting we will be organising a surfing lesson on Saturday the 7th if you wish to stay on an extra day. (Activity included in the price)

## **How to Book**

If you are interested in booking this workshop you will need to pay a deposit of £150/€150 by the 6th of May.

To book your place, please email [kilteanretreat@gmail.com](mailto:kilteanretreat@gmail.com) and let us know if you are planning to pay in Sterling or Euros. We ask that you pay [katiebridgit@gmail.com](mailto:katiebridgit@gmail.com) through Paypal. If this is not possible, we can arrange alternative methods of payment, do let us know in an email. Your place will be confirmed when your deposit has been received.

Non-residential packages are also available to those living locally but we do like to encourage staying with us to experience the wonderful benefits of being in a group for a week, as group work is really crucial to making the most out of learning clowning.

## ACCOMMODATION & PRICING

<b>Shared Rooms</b>	Cost per Person	<b>Camping</b>	Cost per Person	<b>Camper Van/ BYO Tent</b>	Cost per Person
3 beds en-suite	£550/€650	Large stand up tent (4 sharing)	£450/€525	Shared Facilities	£435/€485
3 beds en-suite	£550/€650	Large stand up tent (4)	£475/€525		
5 beds en-suite	£550/€650	Large stand up tent (4)	£475/€525		
Private room en-suite	£750 1 or £850 for 2				
(suitable for a couple or friends sharing a bed)	€825 for 1 or €950 for 2				
All rooms are en-suite showers and toilets and are immaculate and beautifully decorated.		You are very welcome to bring your own tent.		Please let us know asap if you intend on bring a camper van.	
<b>Prices include; All Organic Vegetarian meals for 5 days, plus an evening meal on arrival, the</b>	<b>workshop and a *surfing lesson after the last day of the workshop if you are still here!</b>	*Weather permitting, an alternative activity will be arranged.			

## TRAVEL

Flying €35-125			Car hire €8-25/day	Buses	Trains	Rail & Sail	Ferry	Coach
<a href="http://www.Kayak.com">www.Kayak.com</a>				<a href="http://www.buseireann.ie/">www.buseireann.ie/</a>	<a href="http://www.irishrail.ie">www.irishrail.ie</a>	<a href="http://www.virgintrains.co.uk/">http://www.virgintrains.co.uk/</a>	<a href="http://www.irishferries.com/">http://www.irishferries.com/</a>	<a href="http://www.euroines.co.uk/">http://www.euroines.co.uk/</a>
<b>Kerry Airport (Ryanair from Luton or Stansted) I hate to promote Ryanair, but they often have sales, check out their website regularly or sign up to their newsletter.</b>	45 mins drive	Collection from Kerry airport can be arranged, Flights can be as cheap as £5 each way if booked well in advance	From Kerry Airport these guys are very cheap <a href="http://www.autoeurope.com">www.autoeurope.com</a>	Limerick to Listowel 1hr 30mins	Dublin to Limerick, 2.5hrs, €16-30 then a Bus to Listowel, 90mins	Virgin Trains, Euston to Dublin, then a Ferry, £38-£48 each way. Best option if making a Last minute booking and flights are expensive. The most you will pay is £48 to get as far as Dublin.	Car share with friends, It is by far best to get the Ferry to Dublin, the Rosslare option is a very long boat journey and the roads aren't as good to Kerry. Prices start from £69	Victoria to Dublin, £39 each
							<a href="http://www.stenaline.co.uk/">http://www.stenaline.co.uk/</a>	Then 2 Bus Eireanns!
<b>Shannon (Most London airports and main UK airports)</b>	1hr 30 mins	Buses available to Listowel, collection from Listowel available	These guys are best from Shannon Airport <a href="http://www.rentalcars.com/">http://www.rentalcars.com/</a>	Dublin to Tralee 3.5hrs then Tralee to Listowel, 30 minute bus	Dublin to Tralee, 4hrs, then a bus to Listowel	More expensive to buy a separate Ferry and Train ticket with individual companies	Prices start from £69	
<b>Cork</b>	2.5 hrs drive			Buses available to Tralee, then Listowel, collection from Listowel				

## What to Bring...

<b>Things for people to bring</b>	<b>If Camping also bring</b>
Towel, hand towel.	Sleeping Bag
Warm and weather proof clothes	Extra warm clothes
Swim wear (Atlantic temperatures)	Headlight/torch
Slip on shoes for travelling between houses	
Waterproof shoes/Wellies	
Sun protection (just in case)	
A Clown costume or two that makes you feel stupid	